



THE ALPHABET CLUB CHILD DEVELOPMENT CENTER SCHOOL MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Varied Cereals Milk/Juice Pancakes	Varied Cereals Milk/Juice Waffles	Varied Cereals Milk/Juice Egg Tacos	Varied Cereals Milk /Juice Oatmeal, Toast	Varied Cereals Milk /Juice French Toast Sticks
AM SNACK OPTIONS (Varies by the day)	Milk Graham Crackers	Water, Pretzels, Baby Carrots/Cucumbers, Ranch Dressing	Water Applesauce Goldfish Crackers	Water Sliced Apples Cottage cheese	Water Mandarin Oranges Ritz Crackers
PM SNACK OPTIONS (Varies by the day)	Milk Cheez-Its	Water Chex Mix Banana	Water Yogurt Animal Crackers	Water Saltine Crackers with Sliced Cheese	Milk Seasonal Fruit
LUNCH MENU 1	Whole Grain Chicken Nuggets French Fries Applesauce, Milk	Spaghetti Bolognese Mixed Vegetables Fruit Cocktail, Milk	Red Beans and Rice Green Beans Pineapple Tidbits Milk	Macaroni & Cheese Corn Peaches Milk	Chicken and Cheese Enchiladas Salad, Apple Sauce Milk
LUNCH MENU 2	Baked Fish Sticks Mashed Potatoes Bread, Apple Sauce Milk	Turkey Chili Green Beans Bread, Peaches Milk	Chicken Whole Wheat Penne Alfredo Corn Pineapple Tidbits Milk	Nachos Ranch Style Beans Steamed Broccoli, Peaches Milk	Bean and Cheese Quesadillas Black Beans Fruit Cocktail Milk
LUNCH MENU 3	Whole Grain Chicken Nuggets Apple Sauce Tater Tots Milk	Macaroni & Cheese Corn Pineapple Tidbits Milk	Stir Fry Chicken with Vegetables Rice, Fruit Cocktail Milk	Chicken Soft Tacos Black Beans Mandarin Oranges Milk	Turkey Mac & Cheese Green Beans Sliced Peaches Milk